

**Unit Topic: My Skills and Interests.****Goal:**

In this unit you will investigate your personal interests and attributes and how they may affect your career choice.

**Marking:**

There isn't a formal test for this unit. The work you do in this unit is done from the textbook and online, printed, and submitted to your teacher with this page attached to the front for marking. Your teacher will assign marks based on the following rubric.

Name	Description	%
Missing	Unsatisfactory. Nothing to mark as nothing handed in.	0
Minimal	Effort and results are minimally acceptable. Much improvement needed.	50
Developing	Effort and results are satisfactory but several areas are in need of improvement.	60
Competent	Effort and results are satisfactory with few areas in need of improvement.	70
Good	Effort and results are better than average.	80
Superior	Effort and results are better than most.	90

Teacher's Comments:

## Part A

### DIRECTIONS:

The first part of this unit uses the textbook Horizons 2000+ Career Studies.

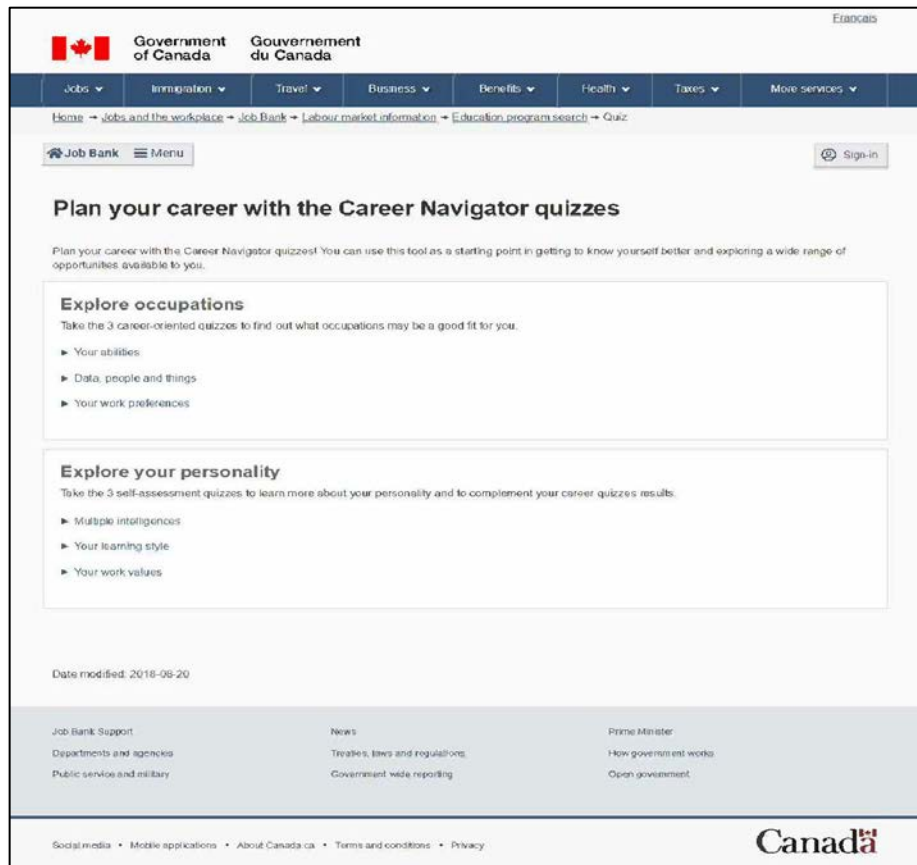
1. Read pages 14 to 18. Create your own Personal Chart in Activity #1 on page 18. Using your chart as a guide, write several paragraphs about yourself.
2. Create the chart for Activity #2 on page 19.
3. Once you have created the chart, answer this question: How did my values compare to the values of teenagers across Canada?

## Part B

### DIRECTIONS:

These quizzes will help you learn about yourself and the kinds of careers and training you would find interesting. Be honest when you take the quizzes, so your results accurately reflect you.

1. Go online to this website: <https://www.jobbank.gc.ca/quizhome> . The page will look like this:



2. Start by taking the three "Explore Your Personality" Quizzes. These will give you an idea of what your preferred learning style is. Be sure to print the reports so you can hand them in to your teacher.
3. Next, you should take the Abilities Quiz, the Data, People and Things Quiz, and the Work Preference Quiz. Again, be sure to print the reports so you can hand them in to your teacher.

## **Part C**

### **REFLECTION QUESTIONS:**

Thoroughly answer the following questions on a separate piece of paper and include them with your work for this.

1. What is my preferred learning style?
2. Which three of the eight multiple intelligences best describe me?
3. What did I learn about myself by taking the Abilities Quiz?
4. What did I learn about myself by taking the Data, People, Things Quiz?
5. What did I learn about myself by taking the Work Values Quiz?
6. What have I learned about myself that I didn't know before?

Collect all of the work you did in Parts A, B, & C together, attach the first page of this worksheet to the front, and hand in for your teacher to mark.